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**Monday, October 30, 2023**

COE: Lorraine's Class	9:00 - 3:30	RM 6
Ping Pong	9:00 - 12:00	AUD
Gentle Yoga	10:00 - 11:30	RM 1
Meals on Wheels	11:00 - 1:00	RM 3
Chairs Exercise	11:00 - 11:30	RM 5
NA Monday Noon	12:00 - 1:00	RM 1
HICAP	1:00 - 4:00	RM 2
Memoir Writing	1:00 - 3:00	RM 7
YAGMCB	3:45 - 6:45	RM 5
NA Monday Mens Meeting	5:45 - 6:45	RM 7

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**Tuesday, October 31, 2023**

COE: Lorraine's Class	9:00 - 3:30	RM 6
Senior Line Dance	9:30 - 11:00	AUD
Meals on Wheels	11:00 - 1:00	RM 3
Tai Chi	11:00 - 12:15	RM 5
NA: Tuesday Noon	12:00 - 1:00	RM 1
Senior Computer Tech Appointments	12:30 - 3:30	RM 2
Absolute Bigginer Line Dance	1:00 - 3:00	RM 4

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**Wednesday, November 1, 2023**

COE: Lorraine's Class	9:00 - 3:30	RM 6
Senior Line Dance	9:30 - 10:30	AUD
Senior Computer Center	9:30 - 12:30	RM 2
Chair Yoga	10:00 - 11:00	RM 1
Meals on Wheels	11:00 - 1:00	RM 3
Chair Exercise	11:00 - 11:30	RM 5
Hands on Clay	11:00 - 12:00	RM 7
Ping Pong	11:30 - 2:00	AUD
NA: Wednesday Noon "Back to Basics"	12:00 - 1:00	RM 1
Senior Computer Lab	12:30 - 4:30	RM 2
Rock Art Painting	1:00 - 2:30	RM 5
Gyrokinesis	1:00 - 2:15	RM 7
Kids Dance and Hip - Hop	2:00 - 4:00	RM 4
Acro Yoga	6:00 - 8:00	RM 7
World Harmony	6:00 - 7:30	RM 5
Happy Hour Meditation	6:00 - 7:00	RM 1
NA Activities Committee Meeting	6:15 - 7:45	RM 2

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**Thursday, November 2, 2023**

COE: Lorraine's Class	9:00 - 3:30	RM 6
Senior Line Dance	9:30 - 11:00	AUD
Meals on Wheels	11:00 - 1:00	RM 3
Seniors Share	11:00 - 12:00	RM 7
Senior Computer Tech Support	11:00 - 3:00	RM 2
QI Gong	11:00 - 12:15	RM 5
Thursday NA "Lunch Break"	12:00 - 1:00	RM 1
Community Music School	4:30 - 6:00	RM 1
IAIDO	5:45 - 7:45	RM 5
AA We Agnostics	7:00 - 8:00	RM 2
AA Gay And Grateful	7:30 - 8:30	RM 1
Brazilian Zouk Dance	7:15 - 8:45	RM 7

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**Friday, November 3, 2023**

COE: Lorraine's Class	9:00 - 3:30	RM 6
Ping Pong Club	9:00 - 2:00	R 4,5
Gentle Yoga	10:00 - 11:15	RM 1
Chair Exercise	11:00 - 11:30	RM 5
Meals on Wheels	11:00 - 1:00	RM 3
Senior Computer Center Lab	11:30 - 2:30	RM 2
NA Friday Noon	12:00 - 1:00	RM 1
The Adams Family	7:00 PM	AUD

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**Saturday, November 4, 2023**

Private Birthday Party	10:00 - 12:00	RM 3
Thrill the World Event	3:00 PM	Park
AAT Present: Adams Family	2 PM & 7 PM	AUD

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**Sunday, November 5, 2023**

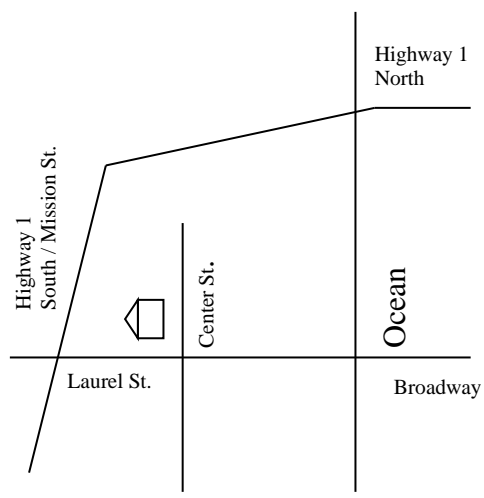
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USE FEES FOR THE LONDON NELSON CENTER		
AREA	NON-PROFIT	STANDARD
<b>CLASS ROOMS</b>		
CAPACITY :1,4,5,7 .....49 PEOPLE 2.....15 PEOPLE	Resident: 27.00 Per hr. Non-Resident 27.00 Per hr.	Resident: 32.00 Per hr. Non-Resident 42.00 per hr.
<b>KITCHEN</b> PER HOUR OVER 8 HOURS		
<b>MULTIPURPOSE ROOM / ROOM. 3*</b>		
CAPACITY: 127 SEATED  2 HOUR MINIMUM OVER SIX HOURS	Resident: 54.00 per hr. \$269.00 5+ HOURS Non-Resident: 54.00 Per hr. \$269.00 5+ HOURS	Resident: 63.00 per hr. \$316.00 5+ HOURS Non-Resident: 82.00 per hr. \$411.00 5 + HOURS
<b>MULTI / KITCHEN*</b>		
2 HOUR MINIMUM OVER SIX HOURS *REFUNDABLE DEPOSIT OF \$50	Resident: 68.00 per hr. \$340.00 5 + HOURS Non-resident: 68.00 per hr. \$340.00 5 + HOURS	Resident: 80.00 per hr. \$400.00 5 + HOURS Non-resident: 104.00 per hr. \$520.00 5 + HOURS
<b>AUDITORIUM</b>		
CAPACITY : 238 SEATED 325 STANDING		
<b>PRESENTATION /PERFORMANCE**</b>		
2 HOUR MINIMUM OVER FOUR HOURS **REFUNDABLE DEPOSIT OF \$100	Resident:85.00 per hr. \$425.00 5+HOURS Non Resident:85.00 per hr. \$425.00 5+ hrs.	Resident: 100.00per hr. \$500.00 5+ HOURS Non-Resident: 130.00 per hr \$650.00 5+ hrs
<b>CLASS OR REHEARSAL</b>		
2 HOUR MINIMUM OVER 4 HOURS	Resident 47.00 per hr \$234.00 5+HOURS Non-Resident:47.00 per hr \$234.00 5+ HOURS.	Resident:55.00 per hr. \$275.00.00 5+HOURS Non-resident:72.00 per hr. \$358.00 5+ HOURS

The London Nelson Center is located at the corner of Laurel and Center streets in downtown Santa Cruz.

**From Highway 17 or Highway 1 South** - Take Half Moon Bay / Highway 1 North exit. At the second traffic light go straight and turn left onto Laurel at the next light. Follow Laurel two blocks to the Center.

**From Highway 1 North**- Highway 1 becomes Mission Street. Take Mission to Laurel. Turn right on Laurel and follow to Center Street.



**301 Center Street • Santa Cruz, CA 95060**

**Phone (831) 420-6177**

**9:30 AM – 8 PM Monday**

**9:30 AM – 8 PM Tuesday, Wednesday**

**9:30 AM – 9 PM Thursday**

**9:30 AM – 8 PM Friday**

**9:30 AM – 7 PM Saturday**

## Walking Adventure Group

### Downtown Seniors

Join this group of active seniors for a weekly walking adventure!  
**Free!**

**Thursdays**  
9:30–11:30 am

Call 831-420-6180 or email  
WalkingAdventureGroup@gmail.com

