



## **PUBLIC SAFETY CITIZEN TASK FORCE PUBLIC MEETING**

**Wednesday, July 10, 2013**

**6:00 p.m.**

Santa Cruz Police Department Community Room  
155 Center Street, Santa Cruz, CA 95060

### **MINUTES**

#### **I. Chair Reyes Call to Order**

1. Meeting called to order at 6:05 p.m. by Chair Reyes.
2. Chair Reyes thanked the TF and the community for attendance, and then briefly discussed the layout of the meeting, including guest speakers, a question and answer period and a discussion period.
3. S. O'Hara introduced the panelists and discussed the structure of the staff report.

#### **II. Approval of June 26, 2013 Minutes**

1. June 26, 2013 Minutes approved with two abstentions (R. Ruiz and J. Cole) and the following changes: removal of reference to Carolyn Coleman on V14 and V19.

#### **III. Panel Presentation on Theme 2: Drug and Alcohol Abuse, Drug Trafficking, and Related Non-Violent or Petty Crime**

1. Deputy Police Rick Martinez, Santa Cruz Police Department
  - a. Here to discuss problems but also bring solutions.
  - b. The number of Santa Cruz's alcohol outlets per capita exceeds that of any other jurisdiction within the state. The City is well oversaturated in every area.
  - c. Most of the County's serial inebriates are within the City. Of the 100-125 serial inebriates present in the County monthly, 80-90 are in the City. This paired with the high concentration of alcohol outlets is a cause for concern. Serial inebriates are responsible for many of our public nuisance concerns.
  - d. Homeless and serial inebriates contributed to about 42% of arrests during 2012.
  - e. There is an average of 70 stabbings a year in the City, primarily located around the downtown area. With downtown being the entertainment hub for Santa Cruz, Monterey and even Santa Clara counties, many people come to downtown to drink. Bar fights typically end in violence rather than fist fights.
  - f. Municipal code citations are ineffective because there is no recourse through the criminal justice system for offenders. Out of the 3600 citations given out last year, only 96 were taken care of.

- g. If a police officer issues a citation to a violator, and that individual does not show up in court, a warrant for their arrest is not issued. However, the individual is filed with a civil action, affecting their credit rating.
- h. If an individual misses their court appearance date three or more times during a six month period, then a warrant is issued. When the violator is issued the warrant, they are not arrested, instead they are issued another date to appear in court. If the violator fails to appear in court this time, then they are subject to arrest. This is a constant cycle for non-violent offenders.
- i. Treatment programs are underfunded and oversaturated. Unless you commit a violent crime, there will not likely be an intervention.
- j. The City is not in the Health and Human Services business. We need to forge new partnerships with the County to address these issues.
- k. In 2012, there was a 53% increase in arrests. Arrests for this year are on track to increase again.

## 2. Current Recidivist/Addict (Nate)

- a. It is not uncommon for very young individuals to use heroin. He claims to know a 14 year old who uses heroin. Nate, himself, began smoking marijuana at nine years old.
- b. A heroin addiction, on average, costs about \$80/day. Add this to daily necessities, such as food, drink, and shelter, the cost adds up quickly.
- c. This high cost often leads to burglary, stealing, etc.
- d. What would it take to break the cycle?
  - 1. Methadone clinic for treatment
  - 2. Free food to eliminate stealing food
  - 3. Clean needles and needle exchange
- e. What draws addicts downtown?
  - 1. Don't know, perhaps because everything is so close.
- f. Were you born here?
  - 1. Yes
- g. Do you directly trade stolen goods for drugs?
  - 1. Some stolen good are traded for money (soap, razors, etc.). iPods and computers could be traded with a drug dealer for drugs.
- h. Is bike theft a large component of the drug trade?
  - 1. No
- i. How old are you and how long have you been using?
  - 1. 21, started smoking pot at 9 and using heroin at 16.
- j. How do you get your needles?
  - 1. Pharmacies are not selling needles anymore, just the RiteAid and CVS on 41<sup>st</sup>. You need a card saying you have diabetes to get needles from a pharmacy.
- k. After you use heroin, what do you do with the needle?
  - 1. I don't understand what all of this information is about people finding needles with their tips. I've never seen someone throw a needle with a tip in the bushes. If I ever had to throw a needle away outside, I would break off the tip.
- l. Did you finish high school?
  - 1. Yes
- m. Have you thought about treatment programs?

1. You have to get into big trouble to get into rehab. Rehabs are not available to all.
- n. Do people downtown give you food and money? Can you sustain a drug habit on panhandling?
  1. No and no.
- o. Have you tried to quit cold turkey?
  1. No, that would be impossible. You'd have to lock me away far away from heroin to make that happen.
- p. Are there places in town to buy drugs?
  1. Not really, you just call a friend or run into someone.
- q. Do you want to go into treatment right now?
  1. Not the ones available now. Janus or Victory Outreach would be okay. Others are like work camps, not enough support, too religious.
- r. You started smoking pot at age 9. Did that lead to your heroin habit?
  1. No, pot and heroin are not tied. You never see a pot head in jail.
- s. You started using heroin at 16. What's the youngest kid you know using heroin now?
  1. 14
- t. Is that a trend?
  1. Yes, kids are using heroin now, even in Aptos. It is trendy and is used in clubs just like coke and ecstasy were used before. UCSC students will pull up in their cars and ask how to find heroin.
- u. Is that true for meth too?
  1. Heroin is much more trendy than meth. Meth is used mostly by people who live on the streets.
- v. Are you stealing daily to support your habit?
  1. Most days, but not always for drugs. I steal food when I'm hungry.
- w. Do you currently have any charges?
  1. I have been in trouble a lot.

3. Lynn Harrison, Santa Cruz County Health Services Agency
  - a. See attached notes.
4. Rod Libbey, Task Force Member and Director of Janus
  - a. See attached PowerPoint presentation.

#### IV. Task Force Discussion/Question and Answer Period

1. Question: What does it take to get drug courts to perform more successfully?
2. Answer: The drug courts are not receiving the funding that they desire, therefore, they are not able to provide the time nor the effort to sustain a wider impact.
3. Question: Can Roundtree become a rehabilitative process?
4. Answer: Yes, but in order to retrofit it to fit legal and functional needs, it would take roughly \$100 million.
5. Question: Why are judges not doing more to crack down on these issues?
6. Answer: Because competitive races for judicial seats do not happen very frequently. When they do, they often do not end well for the individual racing against the incumbent.
7. Question: Who's responsible for regulating alcohol outlets?
8. Answer: The City.
9. Question: Does the City have more drug dealers than other towns?

10. Answer: It sure seems like it.
11. Question: What percentage of drug sales is associated with gangs?
12. Answer: The vast majority.
13. Question: Does Santa Cruz attract drug addicts?
14. Answer: It is not believed that that was an intention of legislators. However, it is known that the local justice system is lax. This partially explains why there are so many drug dealers, and other criminals traveling to this area.
15. Question: How much money would it take to make a legitimate dent in the number of substance abusers?
16. Answer: That is impossible to answer correctly. A rough estimate could be around \$10 million dollars or more. Though any amount of additional funds would help. The lack of rehabilitation does not reflect the lack of options; instead it reflects a lack of funding. We should fund the beds we have now.
17. Question: How can the task force and the City better work with the court system to perform more up to par?
18. Answer: There needs to be consequences in the system, including the potential for forced treatment. Though this raises potential problems: an influx in users, lack of sustainable funding, and there is a negative stigma towards treatment. There needs to be more early education and education on the effectiveness of drug treatment. Needs to be more collaboration.
19. Question: How should the task force go about recommending solutions, etc?
20. Answer: Do not propose them now, though we can discuss certain ones and let them evolve through the deliberative process.
21. When the speakers for the judges come, make sure that they are representative of the whole process.

## V. Proposed Solutions

1. R. Martinez: Work with planning and zoning committees to redefine and eliminate future high risk alcohol outlets, revise municipal codes violation practices that are conflicting with quality of life, rehabilitation should have less focus on punishment and more on disease, and there should be a consideration of a lockdown treatment facility. Treatment should include job training, education, re-entry, etc. We should ask for a compromise with our judicial partners on municipal code infractions.
2. Nate: More accessible and affordable methadone clinics, more needle exchange locations, make the needle exchange simpler and more accessible and strengthen access to free food, water, and shelter.
3. L. Harrison: Collaboration between law enforcement, social services, etc. needs to be strengthened and cohesive, also, perhaps once the City gets a better understanding of solutions, they can be pursued by the County.
4. R. Libbey: Increase funds to address the empty bed problem, the lockdown facility that Rick mentioned probably need not be as stringent as he alluded to, and there needs to be a widespread implementation of community education, especially in regards to underage alcohol use and marijuana use.

## VI. Closing Comment

1. With the money saved through treatment versus incarceration, we should be investing in treatment.
2. We need to work with the courts, focus on job training and community acceptance of those in recovery. Education is a long-term solution.
3. Collaboration is key. However we may not have the resources to treat all of the people here with addiction problems. It may make sense to only treat those with ties to Santa Cruz.

4. Focus on prevention. The longer we keep kids from trying drugs, the better the outcome.
5. Specialized courts work. There should be a targeted approach to people like serial inebriates and repeat offenders.

**Adjournment** -- The Public Safety Citizen Task Force adjourned from the public meeting of July 10, 2013 at 9:15 p.m. The next meeting is scheduled for July 24, 2013, 6:00 p.m., Santa Cruz Police Department Community Room.

*The City of Santa Cruz does not discriminate against persons with disabilities. Out of consideration for people with chemical sensitivities, we ask that you attend fragrance free. Upon request, the agenda can be provided in a format to accommodate special needs. Additionally, if you wish to attend this public meeting and will require assistance such as an interpreter for American Sign Language, Spanish, or other special equipment, please call the City Clerk's Department at 420-5030 in advance so that we can arrange for such special assistance. The Cal-Relay system number: 1-800-735-2922.*

*Public Safety Task Force meetings will be recorded for the purpose of preparing minutes.*

## Overview of AOD Abuse In Santa Cruz County

### Substance Abuse is a 1<sup>st</sup> a health problem Prevalence

- NIDA defines drug addiction as a chronic disease similar to Type II diabetes, cancer and cardiovascular disease
- One of the most common and widespread diseases in the US, more prevalent than coronary heart disease and stroke
- Crosses socioeconomic class and race

### Factors influencing addiction

- Undiagnosed and untreated mental health problems
- Environmental stress
- Available in abundance – illicit and legal: illicit drugs, prescription drugs, alcohol and tobacco

### Impact

- Personal deterioration of physical and mental health, loss of employment, failure in school, possible death
- Family disintegration, domestic violence, child abuse and neglect
  - Estimated that 70-80% of cases in the Child Welfare system involve substance abuse
- Society - both public health and public safety issues
- Costs: In 2008 the total overall costs of substance abuse – including health and crime-related costs, and the losses in productivity exceeded half a trillion dollars, including 185 billion for illicit drugs, 161 billion for alcohol and \$138 billion for tobacco.

### Treatment is Grossly Under-funded

- In health care, there's private insurance, Medicare, and Medi-Cal, which are considered entitlements. The more people treated, the more money provided to care for patients.
- Unlike every other health care service, substance abuse treatment has no viable funding that's caseload driven.
- Funding is unstable and not tied into need
- For example, Santa Cruz County receives federal block grant funds to provide treatment & prevention services, but the amount doesn't change no matter how many are in need of treatment
- SA treatment must rely on funding sources that are politically governed and subject to annual renewal
- While AOD abuse is clearly a health and medical problem, society views it as a criminal problem, which often presents a confusing and contradictory environment for funding and policy responses
- In 2014 the Affordable Care Act will fill some gaps but lacks key benefits – residential detoxification, clean & sober housing and case management – and the rates of reimbursement for what *is* will be inadequate

### Treatment needs in Santa Cruz County

Based on random household phone survey the California Dept of Health Care Services

- Estimated 21,682 persons  $\geq 12$  have a substance use disorder in need of treatment
- Only 6.5% of the people needing treatment are served

- Estimated 3,209 persons who have a disorder are seeking treatment
- Only 44% of those seeking treatment are served
- 1,414 of those seeking treatment were served in 2011/12.

#### HSA Alcohol and Drug Program Budget in 2013-14

\$5.85 million

- 29% Residential treatment
- 24% Outpatient/day treatment
- 22% Methadone maintenance
- 11% Case management/service coordination
- 9% Prevention
- 3% Clean and Sober Housing
- 2% Detoxification

#### HSA Alcohol and Drug Program Admissions by Service Modality (projected for 2013-14)-Adults and Youth

- 76 Day treatment (5%)
- 96 Clean & Sober Housing (6%)
- 141 Detoxification (9%)
- 297 Residential (19%)
- 648 Outpatient and intensive outpatient (41%)
- 316 Methadone maintenance (20%)

#### HSA Alcohol and Drug Program's Contracted Treatment Providers

ADP is a conduit for almost all of the treatment funding in Santa Cruz County.

We administer contracts with: Janus of Santa Cruz, Santa Cruz Community Counseling Center, Sobriety Works, New Life Community Services and Pajaro Valley Prevention and Student Assistance.

ADP Resource Directory - copies are available tonight.

Recoverywave.com



## 454-HELP

### Treatment with Accountability

Accountability – not talking about punishment, but rather strategically using most people’s desire to stay out of jail, or their desire to keep their children or to reunify with them, as a way to push people into something they are otherwise unmotivated to do.

Most people who’re causing neighborhood problems or committing crimes are probably not motivated or interested in treatment yet.

So, it’s not just a matter of additional resources for treatment. It’s a matter of motivating people to enter treatment.

Serial Inebriate Program, Family Preservation Court and Drug Court – 3 programs we offer that combine SUD treatment and Court supervision, service coordination and support in accessing other resources such as domestic violence, parenting education

### What can we do?

*Strategically* invest in treatment

Recognize that addiction, like any other chronic illness, requires follow up, and continuing care

Take a balanced approach to expanding the continuum of care

As we expand services, we must

Strengthen and increase infrastructure

Enhance data and outcome measurement

Increase use of evidence-based practices

Collaborate (treatment, law enforcement, and the courts) to help motivate those people who aren’t yet interested in treatment and provide an ongoing process of accountability with the purpose of getting them into treatment and staying long enough to have an effect.

# RESOURCE REFERRAL DIRECTORY



## COUNTY OF SANTA CRUZ

### ALCOHOL AND DRUG PROGRAM

**William F. Manov, Ph.D., Director**

**1400 Emeline Ave. Bldg. K**

**P.O. Box 962**

**Santa Cruz, California 95060**

**(831) 454-4050**

**<http://www.recoverywave.com>**

Updated: February 6, 2013

TDD - Deaf and disabled clients-Relay Services Assistance (831) 454-4748.

STATEWIDE information: 1-800-662-4357, [www.adp.state.ca.us](http://www.adp.state.ca.us)

Referral resource information is provided as a courtesy to the public and does not imply endorsement of the providers or services by the County or the Alcohol and Drug Abuse Commission. The following agencies and organizations provide services, which are focused primarily on alcohol and drug abuse.

\* = Spanish Speaking Services Available

<p><b><u>ACACIA ASSOCIATES</u></b> 9055 Soquel Drive, Suite E Aptos, CA 95003</p> <p>(831) 476-4656 (831) 662-0636 – fax lbwells@earthlink.net</p>	<p>Intervention for alcohol and drug abuse, a family process organized to address denial in a positive loving way, aimed at breaking through the defenses of the addict and getting him/her into treatment. Outpatient alcohol/drug counseling is primarily on an individual basis, short term, with family and relationship counseling available as needed. Insurance accepted. Medi-Cal not accepted. Bilingual services are not available. Disabled Accessibility none. <b>Contact: Susan and Barry Wells.</b></p>
<p><b><u>ALANON AND ALATEEN</u></b> * (District 23) P.O. Box 713 Soquel, CA 95073</p> <p>(831) 462-1818 (24 hrs) (831) 662-4696 ACA-Bay Area (415) 641-7373 (415) 442-7998</p>	<p>Alanon is an anonymous fellowship of men and women whose lives have been affected by the drinking of a family member or friend. Alateen meetings are for those of ages 12 through 20. We meet to share experiences, strength and hope and to study the 12 steps of Alcoholics Anonymous. No dues or fees. Bilingual meetings in Hollister and Watsonville. Disabled Accessibility: Wheelchair. Adult Children of Alcoholics (ACA) 12 step group support. Weekly meetings at Loudon Nelson Center, 301 Center (corner of Laurel &amp; Center) S.C. 95060, every Thursday at 7:00 p.m. And "Parents with Hope" meetings Sunday evenings at 6:00 pm at Mt. Calvary Lutheran Church, 2402 Cabrillo College Drive, Soquel, CA. Call Rachel (831)688-1792 or Rodney (831)588-4103 for more information. To confirm all other meeting times, call (831) 420-6177.</p>
<p><b><u>ALCOHOL AND DRUG</u></b> * <b><u>ADMINISTRATION</u></b> 1400 Emeline Ave. Bldg. K Santa Cruz, CA 95060</p> <p>(831) 454-4050</p>	<p>County of Santa Cruz administrative office for all Federal/State/locally funded alcohol and drug programs; information and referral; contract administration; county-wide policy and service coordination; prevention education; planning; videos; school/community networking; technical assistance; program monitoring; case management. Disabled Accessibility: Wheelchair, parking, interpreter for deaf available. <b>Contact: Bill Manov, Director.</b></p>
<p><b><u>ALCOHOLICS ANONYMOUS OF</u></b> <b><u>SANTA CRUZ COUNTY</u></b> * 5732 Soquel Drive Soquel, CA 95073</p> <p>(831) 475-5782 (24 hrs) www.aasantacruz.org</p>	<p>Fellowship of men and women with drinking problems with the purpose of staying sober and helping other alcoholics achieve sobriety. Immediate contact with a recovering alcoholic, information, and literature. Free, no fees or dues. Disability Accessibility: none. Current meeting schedules can be obtained at Alcoholic Anonymous office at 5732 Soquel Drive, in Soquel, Monday-Saturday, 9:00a.m. to 5:00 p.m. Se habla Espanol.</p>

<p><b><u>ALTO COUNSELING CENTER</u></b> *</p> <p>271 Water St. Santa Cruz, CA 95060 <b>(831) 427-5290</b></p> <p>740 Front St. Ste. 130 Santa Cruz, CA 95060 <b>(831) 423-2003</b></p> <p>18 Alexander St. Watsonville, CA 95076 <b>(831) 728-2233</b></p>	<p>Comprehensive outpatient chemical dependency program providing prevention, early intervention and treatment services. Programs including Drug Prevention, Employee Assistance Programs, Drug Deferred Judgement, First and Multiple Offense Drinking Driver Programs, Drug Court intensive outpatient and counseling. Services include assessment and referral; individual, family and group counseling; public presentations; training/consultation. Emphasis on services to populations with special needs, such as Latinos, women, and criminal justice system referrals. Countywide services available in English or Spanish. Fees based on ability to pay. Component of the Santa Cruz Community Counseling Center. Disabled Accessibility: Wheelchair, (partially), parking. Se habla Espanol. <b>Contact: Tim Mayo</b></p>
<p><b><u>CA DEPT OF REHAB</u></b> *</p> <p>1350 41<sup>st</sup> Ave., Suite #101 Capitola, CA 95010</p> <p><b>(831) 465-7100</b></p>	<p>Vocational rehabilitation services: counseling, job training, and job placement for persons' disabled by alcoholism. Must have documented 60 days sobriety. Bilingual services available. Disabled Accessibility: Wheelchair, parking, interpreter for deaf. <b>Contact: Diane Berry-Wahrer, Rehabilitation Supervisor</b></p>
<p><b><u>THE CAMP</u></b></p> <p>3192 Glen Canyon Road Scotts Valley, CA 95066</p> <p><b>(831) 438-1868 or (800) 924-2879</b></p> <p><a href="http://www.camprecovery.com">www.camprecovery.com</a></p>	<p>Residential treatment center with medically supervised detox services. Capacity: 53 adult and 17 adolescent beds. Flexible lengths of stay, maximum 30 days for inpatient care. Also intensive outpatient. Per diem rates for all levels of care. Private insurance accepted. Lifetime aftercare included. Wheelchair accessible. No bilingual or hearing impaired services. <b>Contact: Dr. Amy Solomon , Medical Director Mary Clark, Intake Director</b></p>
<p><b><u>CELEBRATE RECOVERY</u></b></p> <p>Santa Cruz Bible Church 440 Frederick St. Santa Cruz, CA 95062 <b>(831) 429-1162</b> <a href="mailto:cr@santacruz bible.org">cr@santacruz bible.org</a></p>	<p>A fellowship of men and women where recovery is based on the Bible and 8 principles addresses all kinds of addictions and is not based on age, sex, race or religious background. Disabled accessibility not known. Meets Friday's at 7:00 p.m. in the Santa Cruz Bible Church Student Center. <b>Contact: Penny Neudeck (831) 429-1162 x217</b></p>
<p><b><u>COACH FOR RECOVERY</u></b> <b>(831) 818-9132</b> <a href="mailto:santacruzmonique@aol.com">santacruzmonique@aol.com</a></p> <p><a href="http://www.CoachforRecovery.com">www.CoachforRecovery.com</a></p> <p>Never alone...making recovery a partnership</p>	<p>Coach for Recovery offers comprehensive services for people seeking recovery, emphasizing on Recovery Coaching, Interventions, and Counseling. We bring a unique and powerful approach to serving people based on many years of practice and a deep insight into human nature. We will work with you on a one-on-one basis to guide you through the difficult task of recovery. <b>Contact: Monique Cook, founder and owner</b></p>
<p><b><u>CO-DEPENDENTS ANONYMOUS</u></b></p> <p>P.O. Box 1415 Santa Cruz, CA 95061</p> <p>Admin. <b>(831) 469-6096</b> Crisis Line <b>(831) 429-1478</b></p>	<p>This service follows a 12-step program (like Alcoholics Anonymous). It is designed for persons suffering from compulsiveness in the conduct of their interpersonal relationships. They also invite people who have (or have had) substance abuse problems that have complicated their ability to act responsibly in relationships. Free. Disabled Accessibility: Not known. Call for meeting times.</p>

<p><b><u>COCAINE ANONYMOUS</u></b>  <b>(831) 475-1727</b> (meeting referral line)  <a href="http://www.norcalca.com">www.norcalca.com</a></p>	<p>A fellowship of men and women who come together to obtain freedom from addiction to cocaine and all other mind-altering substances.  Disabled Accessibility: Not known.</p>
<p><b><u>COUNTY OFFICE OF EDUCATION</u></b>  400 Encinal St.  Santa Cruz, CA 95060    <b>(831) 466-5600</b></p>	<p>Drug abuse prevention and intervention program for adolescents enrolled in Alternative Education Program. Basic education program; credited, gives diploma. Disabled Accessibility: Wheelchair, parking, and interpreter for deaf available. <b>Contact: Sandy Mast</b></p>
<p><b><u>DRINKING DRIVER PROGRAM ADMINISTRATION *</u></b>  <b><u>County Alcohol and Drug Program</u></b>  County of Santa Cruz  Alcohol and Drug Program  1400 Emeline Ave. Bldg. K  Santa Cruz, CA 95060  <b>(831) 454-4110</b></p>	<p>County administration and coordination of privately contracted first and multiple offense Drinking Driver Program contracts. Disabled Accessibility: Wheelchair, parking, interpreter for deaf available. Bilingual services available. Se Habla Español  <b>Information only. Not a treatment program. Contact: Jane Christmann</b></p>
<p><b><u>DUAL RECOVERY ANONYMOUS (DRA)</u></b>  Mental Health Client Action Network  1051 Cayuga St  Santa Cruz CA  <b>(831) 454-9620 x 300</b>  <b>(831) 419-0475 cell</b>  <b>ronmyers2@yahoo.com</b></p>	<p>Dual Recovery Anonymous (DRA) is a 12-step program for men and women who are affected by an emotional or a psychiatric illness along with a chemical dependency. The primary purpose of DRA is to help one another achieve dual recovery, to prevent relapse and to carry the message of recovery to others who experience a dual disorder. The DRA program is based on the principles of the Twelve Steps and the personal experiences of men and women in dual recovery.  <b>Contact: Ron Myers, Director of Operations</b></p>
<p><b><u>FENIX SERVICES *</u></b>  18 Alexander St.  Watsonville, CA 95076    <b>(831) 722-5914</b></p>	<p>Comprehensive alcohol and drug treatment program providing individual, group and family counseling; education and prevention; information and referral; vocational rehabilitation and job counseling; serving South County with primary emphasis on the Latino population and migrant workers. Bilingual services available. Fee-sliding scale. Disabled Accessibility: Wheelchair, parking. Se habla Espanol. <b>Contact: Rose George</b></p>
<p><b><u>Santa Cruz County Friday Night Live Partnership *</u></b>  <b><u>FRIDAY NIGHT LIVE/ CLUB LIVE</u></b>  <b>Health Services Agency Alcohol and Drug Program</b>  1400 Emeline Ave. Bldg. K  Santa Cruz, CA 95060    1430 Freedom Blvd.  Watsonville, CA 95076    <b>454-5003 (North County)</b>  <b>763-8298 (South County)</b>  <b>454-5483 (Prevention Program Manager)</b>  <b>Area Code for all #'s (831)</b></p>	<p>Friday Night Live/Club Live (FNL/CL) is a multi-cultural peer program designed to engage young people in limiting youth access to alcohol, and educating their peers on the consequences of alcohol, tobacco and other drug use among middle school and high school students. FNL/CL promotes healthy lifestyle choices in our community and develops and strengthens leadership skills for positive community change. Through games and activities youth will assess community need and develop a project to address their concerns.  <b>Friday Night Live/Club Live Coordinators: Andrea Garcia 763-8298, Aimee Mangan 454-5003</b></p>

<p><b><u>INTERVENTION AND COUNSELING SERVICE</u></b>  5905 Soquel Dr. #300  Soquel, CA 95073</p> <p><b>(831) 462-3271</b></p>	<p>Confidential intervention and counseling with sensitivity to individual and family needs. Strategies developed and implemented for all areas and levels of substance related problems. Services include: intervention strategies for families and colleagues designed to confront/stop individual's substance use; all stages of recovery counseling; education about processes and effects of substance use; agency/department presentations. Services for family/or others available without the alcoholic/addict present. Sliding scale available.</p> <p><b>Contact: Mark Kalemos</b></p>
<p><b><u>INTERVENTION WORKS!</u></b> *</p> <p><b>damon95060@yahoo.com</b>  <b>(831) 332-0047 cell</b>  <b>(831) 421-9768</b></p>	<p>Professional assistance designed to help a loved one or colleague get treatment for chemical dependency and related issues. Contact by phone or e-mail for confidential consultation. Brochure describing services available upon request. Fee for services varies. Bilingual services are available. Disabled accessible.</p> <p><b>Contact: Damon McGuire</b></p>
<p><b><u>JANUS OF SANTA CRUZ</u></b> *</p> <p>200 7<sup>th</sup> Ave. Suite 150  Santa Cruz, CA 95062  <b>www.januscc.org</b>  <b>(831) 462-1060</b></p>	<p>For over 30 years, Janus of Santa Cruz has helped thousands of people find their way out of alcohol and drug addiction and into healthy and productive lives. We offer help, hope and results to individuals and families in need of alcoholism rehabilitation, drug detoxification and opiate addiction treatment. Janus provides a variety of alcohol and drug rehab options designed for individual needs, from Outpatient Services and Short-term Detoxification to Extended Residential Treatment and ongoing medical treatment for opiate addiction at the Janus Community Clinic. Our Perinatal Program offers both residential and day programs for drug and alcohol dependent pregnant women and new mothers. And our two Sober Living Environments provide short-term as well as long-term stays. Insurance accepted. Medi-Cal accepted for Perinatal treatment. Santa Cruz residents may be eligible for no cost services. Wheelchair accessible. Bilingual.</p>
<p><b><u>JANUS PERINATAL RESIDENTIAL</u></b> *</p> <p>516 Chestnut St.  Santa Cruz, CA 95060</p> <p><b>(831) 423-9015/423-9098 Fax</b></p>	<p>Residential Treatment and Day Treatment programs available for women with children. Recovery program promotes the health and well being of mothers and their children by offering life skills of recovery from alcohol and drug addiction in a safe environment oriented for women over the age of 18 years who are either pregnant or parenting children from ages infant to 17 years. Bilingual services available. Eligibility/Cost: Sliding scale/Medi-Cal accepted.</p> <p><b>Contact: Antoinette Williamson.</b></p>
<p><b><u>JANUS OF SANTA CRUZ COMMUNITY CLINIC</u></b> *</p> <p><b>Methadone and Buprenorphine Maintenance</b>  1000 #A Emeline Ave., (entrance in back)  Santa Cruz, CA 95060</p> <p><b>(831) 425-0112</b></p>	<p>Medication Assisted Treatment for Opiate Addiction  Janus uses two forms of medication assisted treatment for opiate addiction, each designed to help break the pattern of addiction in ways that are safe and effective. The Clinic Medical Director has many years of experience in prescribing methadone and buprenorphine and overseeing these courses of treatment. In collaboration with each patient, the Janus clinical team determines which medication will be most effective. Counseling and patient involvement is an integral part of the ongoing treatment. Medi-Cal accepted. Wheelchair accessible. Bilingual.</p>

<p><b><u>MADD - MOTHERS AGAINST DRUNK DRIVING</u></b></p> <p><b>California Charter Office</b> 4926 Whitney Avenue, Ste #7 Sacramento, CA 95821 (916) 481-6233</p> <p><b>Bay Area Affiliate</b> 1404 Franklin St., Suite 220 Oakland, CA 94612 (510) 832-6233</p>	<p>Assists victims of drunk driving crashes in dealing with judicial process, victim's rights, and support groups. Works to increase public awareness, provides speakers, disseminates information, monitors court sentencing, and works to see that drinking driver laws are enforced. Disabled Access Available.</p>
<p><b><u>MARIJUANA ANONYMOUS</u></b> *</p> <p>P.O. Box 1481 Santa Cruz, CA 95061 <a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a></p> <p><b>SC Hotline/Meetings: (831) 427-4088</b> <b>Spanish: (831) 336-0871</b> <b>SJ Hotline: (408) 450-0796</b> Call to confirm meeting times and locations</p>	<p>Self-help (non-religious) fellowship group for those who cannot control their marijuana use and are experiencing adverse effects in other areas of their life. No fee is charged. Meetings at Louden Nelson Center on Wednesdays 7-8:15 p.m. Call to confirm at 420-6177. Also, New Life Center, 707 Fair Ave. on Saturdays from 8:00-9:00 p.m., 427-1007, and Teen Meetings, Fridays, New School at La Manzana, 521 Main St. Watsonville. Can also contact: Marijuana Anonymous at (800) 766-6779 or write: P.O. Box 2912 Van Nuys, CA 91404. Se habla Espanol. Call to confirm meeting times and locations.</p>
<p><b><u>M.O.A.B.</u></b> <b>Men Overcoming Abusive Behavior</b></p> <p><b>Meetings at:</b> United Way Conference Room 1220 41<sup>st</sup> Ave. #C Capitola, CA 95010 (Monday, 7:00-9:00 p.m.) (Thursday, 7:00-9:00 p.m.) <b>Loren (831) 464-3855</b> <b>Beau (831) 818-6161</b> <b>Gary (831) 688-4812</b></p>	<p>MOAB is self-facilitated men's support group. MOAB was originally founded by a few local men who endeavored to find ways to recognize and deal with their anger and the abusive behavior in their relationships. Over the years MOAB has become a safe and confidential environment to talk with other men about things that we may ordinarily harbor or conceal. Listening to others helps us to recognize our own hidden issues so they become easier to deal with.</p> <p>Meetings are FREE (there are no dues or fees, although we do accept donations for the purchase of necessary supplies). All men are welcome to attend; the only requirement is sobriety during meeting times.</p> <p>Questions, please see web site at <a href="http://moab.org">moab.org</a></p>
<p><b><u>NAR-ANON FAMILY GROUPS</u></b></p> <p><b>Aptos</b> Aptos Christian Fellowship 7200 Freedom Blvd., Aptos "Lighting the Way," A candlelight meeting Tuesdays, 7:00 pm</p> <p><b>Santa Cruz</b> Sutter Hospital, Sutter Room 2900 Chanticleer Ave. (at Soquel Drive) S.O.S. = Saving OurSelves Sundays, 6:30 to 8:00pm</p> <p><a href="mailto:saveyoursanity@aol.com">saveyoursanity@aol.com</a></p>	<p>A twelve-step program designed to help relatives and friends of addicts recover from the effects of living with an addicted relative or friend. Nar-Anon's program of recovery is adapted from Narcotics Anonymous and uses Nar-Anon's Twelve Steps and Twelve Traditions. The only requirement to be a member and attend Nar-Anon meetings is that there is a problem of drugs or addiction in a relative or friend. Nar-Anon is not affiliated with any other organization or outside entity. Sundays, 6:30 to 8:00PM</p> <p>Note: Newcomers, please come 15 minutes early to get acquainted. In Santa Cruz: Just walk in the front door and head for the back door - you'll see our sign! In Aptos: Park in back of church and enter through the back door.</p>

<p><b><u>NARCONON OF NORTHERN CALIFORNIA</u></b>  262 Gaffey Rd.  Watsonville, CA 95076</p> <p>(831) 768-7190  (877) 896-6890  www. DrugRehab.net</p>	<p>Narcanon Vista Bay is a holistic approach to drug and alcohol recovery in a beautiful, serene setting. Clients, called students, will rid their bodies of all harmful chemicals in our unique Sauna Program where our qualified staff carefully monitors their nutrition and exercise. Students will also take ownership of their past transgressions against themselves and others and repair any damage caused by these transgressions. Finally, students will learn a way to remain happy without drugs and alcohol and re-enter society as happy, drug-free individuals. Students graduate our program when they are ready, not after a set amount of time. The average stay is 30 to 5 months. We are wheelchair accessible. Cost is approximately \$33,000.</p>
<p><b><u>NARCOTICS ANONYMOUS</u></b>  429-7436 HELPLINE (24 hr.)  www.scnapi.org</p>	<p>Call for current open meeting schedules. Disabled Accessibility.</p>
<p><b><u>NEW LIFE CENTER * COMMUNITY SERVICE PROGRAM</u></b>  707 Fair Avenue  Santa Cruz, CA 95060</p> <p>(831) 427-1007 or (831) 458-1668  Fax (831) 454-0545</p>	<p>Residential/Inpatient/Outpatient/Day Treatment services. Twelve step social model. Variable length of stay, six months or more. Clean and sober transitional housing. Relapse prevention, Alcohol &amp; Drug education, case management, and after care. Group, individual and crisis counseling. Emphasis on low-income single adults &amp; families. Children may stay with their parents during treatment. Treatment scheduling adjustable to allow programming-residents to keep "outside" jobs. Bilingual/Multi-Cultural. Disabled accessible. Flexible sliding scale fee structure, starting at \$21.00 a day. Insurance payees and SSI recipients accepted. Criminal Justice referrals. Se habla Espanol.  <b>Contact: Emmanuel DeNike.</b></p>
<p><b><u>PAGE SMITH COMMUNITY HOUSE (PSCH)</u></b>  111 Coral St.  Santa Cruz, CA 95060</p> <p>(831) 458-6020  (831) 469-4675 FAX</p>	<p>40 single room occupancy structured transitional housing program for homeless single adults. Eight homes, 5 bedrooms ea. Five homes for 25 males and three homes for 15 females. Support services include: Coordinated health and dental care, psychological services, job skills assessment, job training, job search assistance, educational assessment and placement, basic life skills development, and assistance in finding and procuring permanent independent housing. Clients pay their own way by contributing 30% of their salary for program fees. Long term up to 18 months.  <b>Contact: Peg Patrick</b></p>
<p><b><u>PAJARO VALLEY PREVENTION STUDENT ASSISTANCE INC. *</u></b>  335 E. Lake Ave.  Watsonville, CA 95076</p> <p>(831) 728-6445</p>	<p>Comprehensive school-based alcohol and drug abuse prevention services, K-12 curriculum, intervention program, and parent education. Disabled Accessibility: Wheelchair, parking wheelchair, and interpreter for deaf available. Medi-Cal accepted. Se habla Espanol.  <b>Contact: Jenny T. Sarmiento</b></p>
<p><b><u>PROVIDENCE RECOVERY CENTER *</u></b>  831 Paget Ave.  Santa Cruz, CA 95062</p> <p>(831) 475-1326  (888) 767-7342  Email: <a href="mailto:inbox@providencerecovery.com">inbox@providencerecovery.com</a>  <a href="http://www.providencerecovery.com">www.providencerecovery.com</a></p>	<p>We offer a pleasant, nurturing environment where someone can learn how to live a life free of alcohol or other drugs. We are a California State Licensed and Certified Residential Treatment Program. Our treatment services include: Medically Managed Detox, residential inpatient treatment; outpatient treatment (IOP); private individual &amp; family counseling; extended care; relapse prevention education. Can accept hi-function dual diagnosis clients. Insurance or private pay. Bilingual. Wheelchair accessible.  <b>Contact: Rebecca Cable, Clinical Supervisor</b></p>



<p><b><u>RIVER STREET SHELTER</u></b> *</p> <p>733 River Street Santa Cruz, CA 95060 <b>(831) 459-6644</b></p>	<p>The River Street Shelter is a 32-bed shelter serving recovering alcoholics and the homeless, with special emphasis on clients who suffer from mental illness, chemical dependency, or both. The shelter provides re-locating services, housing, and laundry facilities, 2 meals a day and counseling services. Component of Community Support Services. Wheelchair accessible. Open 5 p.m. to 8 a.m. daily. No fees. Call 459-6644 or sign up at the shelter 4-6 p.m. daily. Se Habla Español <b>Contact: Larry Overstreet, Manager</b></p>
<p><b><u>RON MYERS</u></b> <b>Dual Diagnosis Consultant/Specialist</b> 740 North Plymouth, #205 Santa Cruz, CA 95060 <b>(831) 454-9620 cell phone</b> <b>(831) 419-0475</b> <b><a href="mailto:ronmyers2@yahoo.com">ronmyers2@yahoo.com</a></b></p>	<p>Presentation of dual diagnosis education from an experiential perspective to hospitals, institutions and alcohol/other drug treatment facilities. 32 years of life experience with 10 years of being clean and sober. Specialty is marijuana education. NAADAC Liability insurance. Certificate in Alcohol and Drug Studies.</p>
<p><b><u>SANTA CRUZ RESIDENTIAL RECOVERY</u></b> 125 Rigg St. Santa Cruz, CA 95060 <b>(831) 423-3890</b></p>	<p>A two-month program of comprehensive treatment for alcohol and drug abusing adult men and women with transition into outpatient counseling for aftercare if needed, job training and probation referrals. Fee-scale; no one refused services due to lack of ability to pay. Component of the Santa Cruz Community Counseling Center. Disabled Accessibility: Wheelchair (partially), parking. No bilingual services. <b>Contact: Cynthia Evey</b></p>
<p><b><u>SI SE PUEDE</u></b> * 161 Miles Lane Watsonville, CA 95076 <b>(831) 761-5422</b></p>	<p>Residential inpatient services for male adults 18 years and older. Adult program 3-6 months. Treatment for abusive behavior, drugs, and alcohol. Fees based on ability to pay. Bilingual. <b>Contact: Jorge Gutierrez</b></p>
<p><b><u>SMART Recovery®</u></b> Calvary Episcopal Church "The Little Red Church" (in the school building) 532 Center St. Santa Cruz, CA 95062 Tues. 7:30 p.m.  <b>(831) 462-5470</b> <b><a href="http://www.Smartrecovery.org">www.Smartrecovery.org</a></b></p>	<p>SMART Recovery® (Self-Management And Recovery Training) is a free self-help program for recovery from addictive behavior. Based on cognitive-behavioral and motivational-therapy methods, we help people learn practical coping and recovery skills. This is regardless of their religious or spiritual convictions or the lack of them. Groups are generally small and interactive in format so that everyone present can feel welcome to join in the discussion. <b>Contact: Jason</b></p>
<p><b><u>SOBRIETY WORKS</u></b> 105 Post Office Dr., Suite F Aptos, CA 95003  <b>(831) 476-1747</b> <b><a href="mailto:sobrietyworks@sobrietyworks.com">sobrietyworks@sobrietyworks.com</a></b></p>	<p>Sobriety Works is an outpatient program for adults which offers the following treatment options: Intensive Day Treatment, Intensive Evening Treatment, Relapse Prevention Treatment, Women's Relapse Prevention &amp; Psychotherapy Group, as well as individual and/or family therapy for clients and their loved ones. Sobriety Works has clean and sober residences available for treatment and non-treatment clients. Our staff has extensive experience working with probation and the court system. Treatment is funded via private pay, insurance and through county funds (Prop.36). Payment plans are available. <b>Contact: Ray Plamondon, Director</b></p>

<p><b><u>SUMMIT ESTATE RECOVERY CENTER</u></b></p> <p>Santa Cruz Mountains Los Gatos, CA</p> <p>(408) 353-6300 info@summit-estate.com http://www.summit-estate.com</p>	<p>Summit Estate Recovery Center is a small 6-bed program offering personal attention and luxury accommodations on 23 acres of land in the midst of the redwoods of the Santa Cruz Mountains. Highly individualized recovery services include relapse prevention, co-dependency education, individual and family psychotherapy, and 24 hour RN coverage. Plenty of outdoor activities are offered, including trail hiking and fishing on a mountain pond. Gourmet meals and holistic health therapies round out the healing experience intended to relax and rebuild your mind and body within a 60-90 day extended stay model. Insurance accepted. Call (408) 353-6300 for more information.</p>
<p><b><u>TYLER HOUSE RESIDENTIAL *</u></b> Corralitos, CA 95076</p> <p>(831) 688-6293 x117 http://www.sccccc.org</p>	<p>Tyler house is a voluntary 6-month residential dual diagnosis co-ed treatment program for adolescents aged 14 - 17 residing in Santa Cruz County. This therapeutic program provides the support and guidance needed for the foundational development of ongoing sobriety. Tyler House is supported by Federal, State and County funding. Families are expected to pay a share of cost based on income and family resources. Cost is generally small and varies by family. Se Habla Español.</p>
<p><b><u>UCSC Student Health Center ALCOHOL AND OTHER DRUG (AOD) PROGRAM</u></b> Student Health Outreach &amp; Promotion (SHOP) shop@ucsc.edu</p>	<p>AOD Resources for UCSC students, to include: Prevention Education; Confidential Consultations; Brief Interventions; Referral Resources.</p> <p><b>Please contact:</b> <b>Paul Willis, AOD Educator</b> 831.459.1417 <b>Meg Koge, Senior Health Educator and SHOP Coordinator</b> 831.459.3772</p>
<p><b><u>WOMEN FOR SOBRIETY</u></b> Meets on Wednesdays at 6:00 p.m. in the Community Room at St. Phillips Episcopal Church 5271 Scotts Valley Dr. Scotts Valley, CA 95066 (408) 472-9025</p>	<p>Organization whose purpose is to help all women recover from problem drinking through the discovery of self, gained by sharing experiences hopes and encouragement with other women in similar circumstances. Based on the "New Life" program, a recovery program designed especially to address women's issues.</p> <p><b>Contact: Jennifer Gomon</b></p>
<p><b><u>YOUTH SERVICES *</u></b> 709 Mission St. Santa Cruz, CA 95060 (831) 429-8350</p> <p>241 E. Lake Ave. Watsonville, CA 95076 (831) 688-8856 www.sccccc.org</p>	<p>Outpatient counseling services for youth (ages 12-18) with drug and alcohol abuse problems. Individual, group, and family counseling. Sliding fee scale. Bilingual services available. Disabled Accessibility, Wheelchair, Parking. Medi-Cal accepted. Se Habla Espanol.</p> <p><b>Contact: Bree Grant – Watsonville (831) 688-8856 or Roxan McDonald – Santa Cruz (831) 429-8350</b></p>

**County of Santa Cruz  
Alcohol and Drug Abuse Commission**

**DISTRICT #1 - LEOPOLD**

LEE F. SMITH

**DISTRICT #2 - FRIEND**

JACKIE HEATH, SECRETARY

**DISTRICT #3 - COONERTY**

COLLEEN McMAHON-SEPULVEDA

NANCY NAPOLI

**DISTRICT #4 - CAPUT**

RUDY CRUZ

KATIE LIMAS, VICE CHAIR

**DISTRICT #5 - STONE**

CAROL PRUITT

MICHAEL FITZGERALD

**G U I A D E R E F E R E N C I A**

**CONDADO DE SANTA CRUZ**

**PROGRAMA PARA EL ABUSO DE ALCOHOL Y  
DROGAS**

**William F. Manov, Ph.D., Director**

**1400 Emeline Avenue, Edificio K, 3<sup>er</sup> Piso  
P.O. Box 962**

**Santa Cruz, California 95060**

**(831) 454-4050**

**<http://www.recoverywave.com/>**

Las siguientes agencias y organizaciones proveen servicios de enfoque en el abuso de alcohol y drogas.

TDD – Clientes sordos y discapacitados-Servicios y Asistencia de Retransmitir 831-454-4748

Información a nivel ESTATAL: 1-800-662-4357, [www.adp.state.ca.us](http://www.adp.state.ca.us)

Agencias y organizaciones que ofrecen servicios de tratamiento de abuso de alcohol y drogas en el área del Condado de Santa Cruz:

<p><b>ABOVE THE LINE</b> 9081 Soquel Drive Aptos, CA 95003</p> <p><b>(831) 662-9081 x202 VOZ</b></p> <p><b>(831) 662-9091 FAX</b></p> <p><a href="http://www.abovetheline.org">http://www.abovetheline.org</a></p>	<p>Usando servicios actuales a través del Condado de Santa Cruz, <i>Above the Line</i> brinda educación y servicios de apoyo personalizado, consejería de salud mental y abuso de alcohol y drogas, eliminación a barreras de empleo y capacitación para carreras, además de manejo de caso. Abierto únicamente a jóvenes quienes participan voluntariamente en el programa. Es accesible a personas con discapacidades. Servicios en español. Servicios son Gratis.</p> <p><b>Comuníquese con: Ruth Cirillo 662-9081 X202</b></p>
<p><b>ACACIA ASSOCIATES</b> 9055 Soquel Drive, Sala #E Aptos, CA 95003</p> <p><b>(831) 476-4656</b> <b>(831) 662-0636 / fax</b></p> <p><b>Sitio Web:</b> <a href="http://acaciaassociatesinc.com/">http://acaciaassociatesinc.com/</a></p>	<p>Intervenciones para abuso de alcohol y drogas, un proceso familiar organizado para enfrentar la abnegación de una manera cariñosa y positiva, dirigido a enfrentar las defensas del adicto y lograr su ingreso al tratamiento. Consejería para abuso de alcohol y drogas a pacientes no internados mayormente en base individual, a corto plazo, consejería familiar y de parejas disponible de acuerdo a la necesidad. Se acepta seguro médico. No se acepta Medi-Cal. No hay servicios en español disponibles. No es accesible a Personas con Discapacidades.</p> <p><b>Comuníquese con: Susan y Barry Wells</b> <b>Correo Electrónico: <a href="mailto:lbwells@earthlink.net">lbwells@earthlink.net</a></b></p>
<p><b>ADMINISTRACIÓN DEL PROGRAMA DE CONDUCTORES EBRIOS</b> <b>Programa Para el Abuso de Alcohol y Drogas del Condado</b> 1400 Emeline Ave., Edificio "K", 3<sup>er</sup> Piso Santa Cruz, CA 95060 <b>(831) 454-4110</b></p>	<p>Administración y coordinación al nivel del Condado de contratos privados para Programas de Conductores Ebrios de Primera Condena y de Condenas Múltiples. Es accesible a personas con discapacidades y con silla de ruedas, estacionamiento, Intérprete para sordos. Servicios bilingües disponibles. Se habla en español.</p> <p><b>Informacion solamente. No es un programa de tratamiento.</b></p> <p><b>Comuníquese con: Jane Christmann</b></p>
<p><b>ALANON Y ALATEEN</b> (Distrito 23) P.O. Box 713 Soquel, CA 95073 <b>(831) 462-1818 (24 horas)</b> <b>(831) 662-4696</b></p> <p><b>ACA-Area de la Bahía</b> <b>(415) 641-7373</b> <b>(415) 442-7998</b></p>	<p>Alanon es una asociación de hombres y mujeres cuyas vidas han sido afectadas por el consumo de alcohol por un familiar o amigo. Las reuniones de Alateen son para dichas personas entre las edades de 12 a 20. Reunimos para compartir experiencias, fuerza, y esperanza y para estudiar los 12 Pasos de Alcohólicos Anónimos. Gratis, no hay cargos ni cuota de afiliación. Reuniones bilingües en Watsonville y Hollister. Es accesible a personas con discapacidades. Hijos Adultos de Alcohólicos es un grupo de apoyo de 12 pasos. Reuniones semanales en el Centro Loudon Nelson, 301 Center (esquina con Laurel y Center) Santa Cruz 95060, cada jueves a las 7:00 p.m. Para confirmar llame al (831) 420-6177. Llame para información sobre más reuniones.</p>

<p><b>ALCOHÓLICOS ANÓNIMOS DEL CONDADO DE SANTA CRUZ</b> 5732 Soquel Drive Soquel, CA 95073</p> <p><b>(831) 475-5782 (24 horas)</b> <a href="http://www.aasantacruz.com">www.aasantacruz.com</a></p>	<p>Asociación de hombres y mujeres con problemas del consumo de alcohol, con el propósito de mantenerse sobrio y ayudar a otros alcohólicos a lograr la sobriedad. Contacto inmediato con un alcohólico en recuperación, información y literatura. Gratuito. No es accesible a personas con discapacidades. Horarios de reuniones actualizados pueden conseguirse en la oficina de Alcohólicos Anónimos en 5732 Soquel Drive, en Soquel, lunes a sábado, 9:00 a.m. a 5:00 p.m. Se habla Español.</p>
<p><b>CASA COMUNITARIA "PAGE SMITH" (PSCH)</b> 111 Coral St. Santa Cruz, CA 95060</p> <p><b>(831) 458-6020</b> <b>(831) 469-4675 FAX</b></p>	<p>Programa de vivienda temporal estructurada de habitación sencilla para 40 adultos desamparados. Ocho casas dada una con 5 recamaras. Cinco casas para 25 hombres y tres casas para 15 mujeres. Servicios de apoyo incluyen: atención médica y dental coordinada, servicios psicológicos, evaluación de habilidades vocacionales, capacitación para trabajos, ayuda en la búsqueda de trabajos, evaluación para y ubicación en programas educacionales, desarrollo de habilidades básicas de vida, y ayuda en encontrar y obtener vivienda independiente permanente. Los clientes pagan su propio mantenimiento aportando el 30% de su sueldo para los honorarios del programa. A largo plazo hasta 18 meses.</p> <p><b>Comuníquese con: Peg Patrick</b></p>
<p><b>CELEBRE LA RECUPERACIÓN</b> <b>Celebrate Recovery</b> Santa Cruz Bible Church 440 Frederick St. Santa Cruz, CA 95062 <b>(831) 429-1162</b> <a href="mailto:cr@santacruz bible.org">cr@santacruz bible.org</a></p>	<p>Reuniones de hombres y mujeres donde la recuperación esta basada en la biblia y los 8 principios estan dirigidos para tratar todo tipo de adicciones y no estan basados en la edad, sexo, origen étnico o creencias religiosas. No se sabe si es accesible a personas con discapacidades. Reuniones son cada viernes a las 7:00 p.m. en el Centro del Estudiante de la Iglesia de la Biblia de Santa Cruz (Santa Cruz Bible Church).</p> <p><b>Comuníquese con: Penny Neudeck (831) 429-1162 x217</b></p>
<p><b>CENTRO DE CONSEJERÍA "ALTO"</b> 271 Water St. Santa Cruz, CA 95060 <b>(831) 427-5290</b></p> <p>740 Front St., Sala #130 Santa Cruz, CA 95060 <b>(831) 423-2003</b></p> <p>18 Alexander St. Watsonville, CA. 95076 <b>(831) 728-2233</b></p>	<p>Programa comprensivo a pacientes no internados para dependencia química brindando servicios de prevención, intervención temprana y tratamiento. Programas incluyen la Prevención del Uso de Drogas, Programas de Ayuda a Empleados, Juicio Postergado para Drogas, Programas para Conductores Ebrios de Primera Ofensa y Ofensas Repetitivas, consejería y servicios a pacientes no internados para la Corte de Drogas. Énfasis en servicios a grupos con necesidades especiales, tales como Latinos, mujeres, personas referidas por el sistema de justicia criminal. Servicios en todo el Condado en inglés y español. Cuota de acuerdo con la capacidad de pagar. Es un programa del Centro Comunitario de Consejería de Santa Cruz (Santa Cruz Community Counseling Center). Es accesible a personas con discapacidades, sillas de rueda (parcial), estacionamiento. Se habla Español. <b>Comuníquese con: Tim Mayo</b></p>
<p><b>CENTRO DE RECUPERACIÓN DEL PROVIDENCE</b> (Providence Recovery Center) 831 Paget Ave. Santa Cruz, CA 95062</p> <p><b>(831) 475-1326</b> <b>(888) 767-7342</b></p>	<p>Ofrecemos un ambiente nutritivo y agradable donde personas pueden aprender a vivir una vida libre de alcohol y de otras drogas. Tenemos autorización y licenciatura del Estado de California como un Programa de Tratamiento Residencial. Nuestros servicios del tratamiento incluyen: Desintoxicación bajo la supervisión médica, tratamiento residencial de hospitalización; tratamiento del paciente no internado (IOP); consejería al individuo y la familia; cuidado extendido; educación para la prevención de una recaída. Se aceptan clientes de alta función con doble diagnosis. Se acepta Seguro médico o pago privado. Servicios Bilingües. Es</p>

<p>Email:  <a href="mailto:inbox@providencerecovery.com">inbox@providencerecovery.com</a>  <a href="http://www.providencerecovery.com">www.providencerecovery.com</a></p>	<p>accesible a personas en sillas de ruedas.  <b>Comuníquese con: Rebecca Cable, Supervisora Clínica</b></p>
<p><b>CENTRO NUEVA VIDA  PROGRAMA DE SERVICIO  COMUNITARIO  (NEW LIFE CENTER)</b></p> <p>707 Fair Avenue  Santa Cruz, CA 95060  <b>(831) 427-1007 o  (831) 458-1668</b></p> <p>Fax <b>(831) 454-0545</b></p>	<p>Servicios de tratamiento residenciales/de paciente no internados/pacientes internados/Día. Vivienda de transición limpia y sobria. Prevención de recaída. Educación de abuso de alcohol y drogas, manejo de caso, y cuidado de continuación. Consejería individual, en grupo, o de crisis. Énfasis en adultos solteros y familias de bajos ingresos. Los niños tienen que quedarse con los padres durante tratamiento. Horario de tratamiento flexible para ayudar a residentes/pacientes que mantengan sus "trabajos afuera". Ofrecen servicios en español. Es accesible a personas discapacitadas. Cuotas flexibles de acuerdo con la capacidad de pagar, empezando a \$21.00 por día. Se acepta personas con seguro médico y a beneficiarios de SSI. Se aceptan referencias del Sistema Judicial.  <b>Comuníquese con: Emmanuel Denike</b></p>
<p><b>COCAÍNA ANÓNIMOS</b></p> <p><b>(831) 475-1727 (línea de referencia a reuniones)</b></p> <p><a href="http://www.norcalca.com">www.norcalca.com</a></p>	<p>Una asociación de hombres y mujeres que se reúnen para ser libres de la adicción a la cocaína y todas las demás sustancias que alteran la mente.  No se sabe si es accesible a personas con discapacidades.</p>
<p><b>CO-DEPENDIENTES ANÓNIMOS</b></p> <p>P.O. Box 1415  Santa Cruz, CA 95061</p> <p><b>Admin. (831) 469-6096</b></p> <p><b>Línea de Crisis (831) 429-1478</b></p>	<p>Este programa es guiado por un plan de 12 pasos (como Alcohólicos Anónimos). Está diseñado para personas que sufren de compulsiones en su conducta y en el manejo de sus relaciones interpersonales. También invitan a las personas que tienen (o han tenido) los problemas de abuso de sustancias que han complicado su capacidad de actuar con responsabilidad en sus relaciones. Gratuito. No se sabe si es accesible a personas con discapacidades. Llame para las horas de reunión.</p>
<p><b>DEPARTAMENTO DE REHABILITACIÓN DE CALIFORNIA</b></p> <p>1350 41st Ave., Sala #101  Capitola, CA 95010</p> <p><b>(831) 465-7100</b></p>	<p>Servicios de rehabilitación ocupacional, consejería, capacitación para trabajo, colocación en trabajos a personas con discapacidades por el alcoholismo. Debe tener documentado 60 días de sobriedad. Servicios disponibles en español. Es accesible a personas con discapacidades, silla de ruedas, estacionamiento, Intérprete disponible para sordos.  <b>Comuníquese con: Diane Berry-Wahrer, Supervisora de Rehabilitación</b></p>
<p><b>EI CAMPO (THE CAMP)</b></p> <p>3192 Glen Canyon Road  Scotts Valley, CA 95066</p> <p><b>(831) 438-1868 o  1(800) 924-2879</b></p>	<p>Centro residencial de tratamiento con servicios de desintoxicación bajo supervisión médica. Capacidad de camas: 49 adultos y 20 adolescentes. Plazos de estancia son flexibles, con un máximo de 30 días para cuidado del paciente dentro del centro. También ofrecen tratamiento de día y servicios intensivos de paciente externo. Cargos por día para todos los niveles de atención. Se acepta seguro médico privado. Postratamiento de por vida incluido en el precio. Es accesible a personas con discapacidades, silla de ruedas. No hay servicios en español ni para sordos.  <b>Comuníquese con: Clifford Combs</b></p>
<p><b>HOMBRES SUPERANDO EL COMPORTAMIENTO ABUSIVO (M.O.A.B.-Men Overcoming Abusive Behavior)</b></p>	<p><b>MOAB</b> es un grupo autofacilitado para el apoyo a hombres. <b>MOAB</b> fue fundado originalmente por algunos hombres locales que se esforzaron en encontrar maneras de reconocer y lidiar/enfrentar con el coraje y el comportamiento abusivo en</p>

<p><b>Reuniones en:</b> Sala de Conferencias de United Way 1220 41 st Avenue, Sala #C Capitola, CA 95010 (7:00 a 9:00 p.m. los lunes) (7:00 a 9:00 p.m. los jueves) <b>Loren (831) 464-3855</b> <b>Beau (831) 818-6161</b> <b>Gary (831) 688-4812</b></p>	<p>una sus relaciones. Con los años <b>MOAB</b> se ha convertido en entorno seguro y confidencial para hablar con otros hombres sobre las cosas que normalmente escondemos o ocultamos. Escuchando a los demás y nos ayuda a reconocer nuestros propios problemas ocultos para que sean más fáciles de tratar.</p> <p>Las reuniones so gratuitas (no hay cuotas para asistir al grup pero sí aceptamos con mucho gusto donativos para cubrir el costo de refrescos, comidas y materiales para el programa). Todos los hombres son bienvenidos para asistir a las reuniones; el único requisito el la sobriedad.</p> <p><b><a href="http://www.moab.org">www.moab.org</a></b></p>
<p><b>INTERVENCIÓN Y SERVICIOS DE CONSEJERÍA</b> 5905 Soquel Dr., Sala #300 Soquel, CA 95073  <b>(831) 462-3271</b></p>	<p>Intervención y consejería confidencial con sensibilidad a las necesidades individuales y familiares. Estrategias desarrolladas y aplicadas en todas las áreas y niveles de problemas relacionados con el consumo de sustancias. Los servicios incluyen: estrategias de intervención para las familias y colegas diseñados para enfrentar o detener el uso individual del consumo de sustancias; consejería para todas las etapas de recuperación; educación sobre los procesos y efectos del consumo de sustancias; presentaciones del departamento o agencia. Servicios para la familias o otros disponibles sin requerir la presencia del alcohólico/adicto. Cuota de acuerdo a los ingresos.</p> <p><b>Comuníquese con: Mark Kalemos</b></p>
<p><b>JANUS OF SANTA CRUZ</b> 200 7<sup>a</sup> Avenida, Sala #150 Santa Cruz, CA 95062  <b><a href="http://www.januscc.org">www.januscc.org</a></b>  <b>(831) 462-1060</b></p>	<p>Por más de 30 años, Janus de Santa Cruz ayudado a miles de personas encontrar la manera de salir de la adicción al alcohol y las drogas y vivir una vida sana y productiva. Ofrecemos ayuda, esperanza, y resultados para las personas y familias que necesitan rehabilitación del alcoholismo, la desintoxicación de drogas y tratamiento a la adicción de opiáceos. Janus provee una variedad de opciones de rehabilitación del alcohol y drogas diseñadas para las necesidades individuales, como Servicios para Personas no Internadas, Desintoxicación a Corto Plazo o extendido a un Tratamiento Residencial, y tratamiento médico continuo para la adicción a opiáceos en la Clínica de la Comunidad Janus. Nuestro Programa Perinatal ofrece dos Programas Residenciales y de día para mujeres embarazadas y madres nuevas que son dependientes de drogas y de alcohol. Nuestros dos programas de Vivir Sobrio proporcionan a corto plazo, así como estancias a largo plazo. Se acepta seguro médico privado. Se acepta Medi-Cal para el tratamiento Perinatal. Los residentes de Santa Cruz pueden calificar para servicios gratuitos. Es accesible a personas de sillas de ruedas. Programas en español.</p>
<p><b>Janus-Residencial Perinatal</b> 516 Chestnut St. Santa Cruz, CA 95060 <b>(831) 423-9015</b> <b>(831) 423-9098 Fax</b></p>	<p>Nuestro Programa Perinatal Residenciales y de Día para mujeres con niños. Programa de Recuperación promueve la salud y el bienestar de las madres y sus hijos, ofreciéndoles aprender hábitos para su recuperación de drogas y alcohol en un ambiente seguro orientado para mujeres mayores de 18 años que están embarazadas o niños de crianza infantil a la edad de 17 años. Se acepta Medi-Cal. Cuota depende de sus ingresos. Servicios bilingües.</p>



<p><b>LA CLINICA DE LA COMUNIDAD</b> (Janus of Santa Cruz) <b>Mantenimiento de la Metadona y Buprenorfina</b> 1000 #A Emeline Ave. (la entrada esta en la parte posterior) Santa Cruz, CA 95060 <b>(831) 425-0112</b></p>	<p>Medicamentos en la Asistencia y Tratamiento para la Adicción de Opiáceos. Janus utiliza dos formas de medicamentos en la asistencia y tratamiento para la adicción de opiáceos, cada uno diseñado para ayudar y romper la adicción en formas que son seguras y efectivas. El Director Médico de la Clínica cuenta con muchos años de experiencia en prescribir recetas de metadona y buprenorfina y en la supervisión de estos cursos de tratamiento. En colaboración con cada paciente, el equipo clínico de Janus determina qué medicamentos serán más eficaces. Consejería y la participación de cada paciente es una parte integral del la continuación del tratamiento. Se acepta Med-Cal. Es accesible a personas en sillas de ruedas.</p>
<p><b>¡LA INTERVENCIÓN SÍ SIRVE!</b> <b><u>damon95060@yahoo.com</u></b>  <b>(831) 332-0047 celular</b> <b>(831) 421-9768</b></p>	<p>Ayuda profesional diseñado para ayudar a un ser querido o colega que reciba tratamiento para la dependencia química y otros asuntos relacionados. Comuníquese por teléfono o correo electrónico para una consulta confidencial. Folleto explicando los servicios es disponible a petición. Cuota por servicios varía. No hay servicios en español. Es accesible a personas discapacitadas. <b>Comuníquese con: Damon McGuire</b></p>
<p><b>MADRES EN CONTRA DE CONDUCTORES EBRIOS (MADD-MOTHERS AGAINST DRUNK DRIVING)</b> <b>California Charter Office</b> 4926 Whitney Avenue, Sala #7 Sacramento, CA 95821 (916) 481-6233 <b>Bay Area Affiliate</b> 1404 Franklin St., Sala #220 Oakland, CA 94612 (510) 832-6233</p>	<p>Ayuda a víctimas de accidentes por conductores ebrios en el tratamiento del proceso judicial, derechos de las víctimas, y grupos de apoyo. Trabaja para aumentar la sensibilización del público, ofrece oradores, difunde información, vigila sentencias judiciales, y se asegura que haya cumplimiento con las leyes del manejo bajo la influencia de alcohol. No se sabe si es accesible a personas discapacitadas.</p>
<p><b>Marihuana Anónimo</b> P.O. Box 1481 Santa Cruz, CA 95061 <a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a> <b>Reuniones/Linea Directa</b> <b>(831) 427-4088</b> <b>Español: (831) 336-0871</b> <b>Linea Directa de San Jose:</b> <b>(408) 450-0796</b> Llame para verificar horarios y lugar de las reuniones</p>	<p>Grupo de auto-ayuda (no religioso) para aquellos que no pueden controlar su consumo de marihuana y están experimentando los efectos adversos en otras áreas de sus vida. Reuniones se llevan a cabo en Lauden Nelson Center los miércoles de 7:00 p.m. -8:15 p.m., llame al 427-1007, y las reuniones de Adolescentes, los viernes en New School en el centro La Manzana, 521 Main St., Watsonville. Tambien comuníquese con: Marihuana Anonimo al (800) 766-6779 o escriba al P.O. Box 2912 Van Nuys, CA 91404. Se habla Español. Llame para verificar los horarios/lugar de reuniones. Los servicios son gratis.</p>
<p><b>MUJERES PARA LA SOBRIEDAD</b> Reuniones Miercoles 6:00p.m. en el Cuarto de la Comunidad en St. Phillips Episcopal Church 5271 Scotts Valley Dr. Scotts Valley, CA 95066 <b>(831) 472-9025</b></p>	<p>Organización cuyo propósito es ayudar a todas las mujeres recuperarse de problemas con el alcohol a través del descubrimiento del sí mismas, adquirida por el intercambio de experiencias, la esperanza y el aliento a otras mujeres en circunstancias similares. Esta organización es basada en el programa de la "Nueva Vida", un programa de recuperación diseñado especialmente para enfrentar las preocupaciones de mujeres. <b>Comuníquese con: Jennifer Gomon</b></p>
<p><b>NAR-ANON – Santa Cruz, CA</b> Hospital Sutter, Cuarto Sutter 2900 Chanticleer Avenue Santa Cruz, CA 95060</p>	<p>Un programa de 12-pasos diseñado ayudar a parientes y amigos de adictos a recuperarse de los efectos de vivir con un pariente o un amigo adicto. El programa de Nar-Anon esta orientado hacia la recuperación y a adaptado las enseñanzas de Narcóticos Anónimos y utiliza los Doce Pasos y Doce</p>

<p><a href="mailto:saveyoursanity@aol.com">saveyoursanity@aol.com</a></p> <p><a href="http://www.naranoncalifornia.org/">http://www.naranoncalifornia.org/</a></p> <p><b>S.O.S.= Saving OurSelves</b> "Salvados a Nosotros Mismos"</p>	<p>Tradiciones de Nar-Anon. El único requisito para ser un miembro y para asistir a reuniones a Nar-Anon es que un pariente o amigo padezca de un problema de drogas. Nar-Anon no es afiliado con ninguna otra entidad o organización. Domingos, de 6:30 p.m. -8:00 p.m.</p> <p><b>Nota:</b> Personas recién llegados, por favor, llegar 15 minutos antes. Sólo hay que pasar por la puerta principal y dirigirse a la puerta de atrás - usted va ver nuestro volante.</p>
<p><b>NARCONON DEL NORTE DE CALIFORNIA</b> 262 Gaffey Rd. Watsonville, CA 95076</p> <p><b>(831) 768-7190</b> <b>(877) 896-6890</b> <a href="http://www.DrugRehab.net">www.DrugRehab.net</a></p>	<p><b>Narconon</b> no sólo ofrece al adicto las herramientas para seguir adelante con la vida sin la necesidad de utilizar drogas o alcohol; sino también ayuda a limpiar el cuerpo de los productos o químicos tóxicos que causan a tantos tener recaídas después de haber permanecido limpios por tanto tiempo. Plazo del programa es de 3-4 meses (promedio). Costo es de \$1,900.00. Es accesible a personas con discapacidades.</p>
<p><b>NARCOTICOS ANÓNIMOS</b> <b>(831) 429-7436</b> Línea de Información (24 horas) <a href="http://www.scnapi.org">www.scnapi.org</a></p>	<p>Llame para los actuales calendarios de reuniones abiertas. Es accesible a personas con discapacidades.</p>
<p><b>OFICINA DE EDUCACIÓN DEL CONDADO</b> 400 Encinal St. Santa Cruz, CA 95060 <b>(831) 466-5600</b> <b>(831) 466-5607 (Fax)</b></p>	<p>Programa de prevención de abuso de drogas e intervención para adolescentes matriculados en el Programa de Educación Alternativa. Programa de educación básica, acreditado, otorga diplomas. Es accesible a personas discapacitadas, personas en silla de ruedas, estacionamiento, Intérprete para sordos disponible.</p> <p><b>Comuníquese con: Sandy Mast</b></p>
<p><b>PAJARO VALLEY PREVENTION STUDENT ASSISTANCE INC.</b> 335 E. Lake Ave. Watsonville, CA 95076</p> <p><b>(831) 728-6445</b></p>	<p>Servicios comprensivos de prevención del abuso de alcohol y drogas. Cursos de estudios de Kinder al grado 12, programa de intervención, y educación para los padres. Es accesible a personas con discapacidades, y en silla de ruedas, en el estacionamiento, Intérprete disponible para sordos. Se acepta Medi-Cal. Se habla Español</p> <p><b>Comuníquese con: Jenny T. Sarmiento.</b></p>
<p><b>PROGRAMA DE PREVENCIÓN DE ABUSO DE ALCOHOL Y DROGAS DE la Universidad UCSC</b> Centro de Salud Estudiantil (Cowell Student Health Center) Sala 86 (en el sotano) Santa Cruz, CA 95064 <b>(831) 459-4866</b></p>	<p>Prevención, educación, consultas, y referencias para estudiantes de UCSC quienes están buscando ayuda con asuntos relacionados al uso de alcohol y otras drogas. Es accesible a personas con discapacidades. Servicios en español. Los servicios son gratis.</p> <p><b>Pongase en contacto con cualquier miembro del personal disponible.</b></p>
<p><b>PROGRAMA PARA EL ABUSO DE ALCOHOL Y DROGAS</b> 1400 Emeline Ave., Edificio K, 3<sup>er</sup> Piso Santa Cruz, CA 95060 <b>(831) 454-4050</b></p>	<p>Oficina Administrativa del Condado de Santa Cruz para todos programas de abuso de drogas y alcohol con fondos federales, estatales, y locales; información y referencias; administración de contratos; educación de prevención; coordinación de política y servicios al nivel del Condado; educación para prevención; planificación; videos; colaboraciones escuela/comunidad, ayuda técnica; vigilancia del programa. Es accesible a personas con discapacidades, estacionamiento, y Intérprete disponible para sordos.</p> <p><b>Referencias únicamente.</b> <b>Comuníquese con: Bill Manov, Director</b></p>

<p><b>RECUPERACIÓN DUAL ANÓNIMOS</b> Mental Health Client Action Network 1051 Cayuga St. Santa Cruz, CA 95060</p> <p><b>(831) 454-9620 x300</b> <b>(831) 419-0475 celular</b> <b><a href="mailto:ronmyers2@yahoo.com">ronmyers2@yahoo.com</a></b></p>	<p><b>Recuperación Dual Anónimos</b> es un programa de 12 pasos para hombres y mujeres que se ven afectados por una enfermedad emocional o psiquiátrica además de una dependencia química. El propósito principal de Recuperación Dual Anónimos es de ayudarnos el uno al otro para lograr la recuperación dual, prevenir una recaída y llevar el mensaje de recuperación a otros que sufren el trastorno dual. El programa Recuperación Dual Anónimos se basa en los principios de los Doce Pasos y las experiencias personales de hombres y mujeres en la recuperación dual.</p> <p><b>Comuníquese con: Ron Meyers, Director de Operaciones</b></p>
<p><b>RECUPERACIÓN S.M.A.R.T. La Iglesiasita Roja (The Little Red Church)</b> (Calvary Episcopal Church) 532 Center St. Santa Cruz, CA 95062</p> <p>martes 7:30 p.m.</p> <p><b>(831) 462-5470</b></p>	<p>Entrenamiento en Manejo Propio para la Recuperación [Self-Management And Recovery Training (<b>SMART</b>)] es una red de grupos o alternativos de apoyo y ayuda propia basados en los métodos de Terapia Racional Emotiva (<b>REBT</b>), para ayudar a lograr la sobriedad del alcohol o drogas independiente de sus convicciones religiosas o falta de ellas. Utilizan un enfoque holístico "pensar-sentir-hacer." Los participantes exploran y practican principios psicológicos sólidos que pueden aplicarse a sus propias vidas. Los grupos siempre son pequeños para que todas las personas presentes puedan sentirse cómodas y participen en las pláticas.</p> <p><b>Comuníquese con: Jason Lubin.</b></p>
<p><b>REFUGIO DE PERSONAS DESAMPARADAS en RIVER ST. (RIVER STREET SHELTER)</b></p> <p>733 River Street Santa Cruz, CA 95060</p> <p><b>(831) 459-6644</b></p>	<p>El Refugio de Personas Desamparadas de la Calle Río (River Street Shelter) es un refugio con capacidad de 32 camas para personas desamparadas con énfasis para clientes que sufren de enfermedades de salud mental, dependencia química, o ambos. El refugio ofrece servicios para re-localización, vivienda, servicios de lavandería. También ofrece 2 comidas al día y servicios de consejería. Este programa es una división de Dependencia de Servicios de Apoyo Comunitarios (Community Support Services). Es accesible a personas con discapacidades y en sillas de rueda. Es Gratis. Abierto diario de las 5 p.m. a las 8 a.m. Llame al 459-6644 o regístrate en el refugio diario de las 4-6 p.m.</p> <p><b>Comuníquese con: Larry Overstreet.</b></p>
<p><b>RON MYERS:</b> <b>Asesor/Especialista para la Diagnósis Dual</b> 740 North Plymouth, Sala #205 Santa Cruz, CA 95060 <b>(831) 454-9620 celular</b> <b>(831) 419-0475</b> <b><a href="mailto:ronmyers2@yahoo.com">ronmyers2@yahoo.com</a></b></p>	<p>Presentaciones educativas sobre la diagnósis dual de la perspectiva de experiencia a los hospitales, las instituciones y programas de tratamiento de alcohol y drogas. Con 32 años de experiencia de vida y 10 años de vivir limpio y sobrio. Su especialidad en la educación de marihuana. NAADAC Seguro de Responsabilidad Civil. Certificado en Estudios de Alcohol y Drogas.</p>
<p><b>SANTA CRUZ RESIDENTIAL RECOVERY</b> 125 Rigg St. Santa Cruz, CA 95060</p> <p><b>(831) 423-3890</b></p>	<p>Un programa de dos meses de tratamiento integral para hombres y mujeres adultas que abusan el alcohol y las drogas con posibilidad de transición a ser paciente no internado y reciban consejería, asesoría para regresar a la vida cotidiana, entrenamiento para trabajo, y referencias al Departamento de Libertad Condicional. Cuotas basadas en su capacidad de pagar. Nadie será negado servicios debido a su capacidad de pagar. Parte del Centro Comunitario de Consejería de Santa Cruz (Santa Cruz Community Counseling Center). Es accesible a personas con discapacidades y sillas de ruedas (parcial), estacionamiento. No ofrecen servicios bilingües.</p> <p><b>Persona para contactar: Cynthia Evey</b></p>

<p><b>SERVICIOS FENIX</b> 18 Alexander St. Watsonville, CA 95076</p> <p><b>(831) 722-5914</b></p>	<p>Programa comprensivo de tratamiento para el abuso de alcohol y drogas brindando consejería individual, en grupos, y para familias; educación y prevención; información y referencias; rehabilitación vocacional y consejería de empleo; sirviendo al Condado Sur con énfasis principal en la población Latina y a los trabajadores migrantes. Servicios en español. Cuotas: de acuerdo con la capacidad de pagar. Es accesibilidad a personas con discapacidades y en silla de ruedas, estacionamiento.</p> <p><b>Comuníquese con: Rose George</b></p>
<p><b>SERVICIOS PARA JÓVENES (YOUTH SERVICES)</b> 709 Mission St. Santa Cruz, CA 95060</p> <p><b>(831) 425-0771</b></p> <p>241 E. Lake Ave. Watsonville, CA 95076</p> <p><b>(831) 728-2226</b></p>	<p>Servicios de consejería para jóvenes (entre las edades de 12 –18 años) con problemas de abuso de alcohol y drogas. Consejería individual, en grupo, o para familias. Cargos de acuerdo a su capacidad de pagar. Servicios disponibles en español. Es accessible a personas con discapacidades y en sillas de ruedas, estacionamiento. Se acepta Medi-Cal.</p> <p><b>Comuníquese con: Bree Grant (Watsonville) Roxan McDonald (Santa Cruz).</b></p>
<p><b>SÍ SE PUEDE</b> 161 Miles Lane Watsonville, CA 95076</p> <p><b>(831) 761-5422</b></p>	<p>Servicios residenciales de hospitalización para adultos masculinos mayores de 18 años. Programa para adultos es de 3-6 meses. Tratamiento para el comportamiento abusivo, las drogas, y el alcohol. Honorarios basados en su capacidad de pagar.</p> <p><b>Comuníquese con: Jorge Gutierrez</b></p>
<p><b>SOBRIEDAD TRABAJA O FUNCIONA</b> <b>Sobriety Works</b> 105 Post Office Dr., Sala #F Aptos, CA 95003</p> <p><b>(831) 476-1747</b> <a href="http://www.sobrietyworks.com">www.sobrietyworks.com</a></p>	<p>Sobriedad Trabaja o Funciona es un programa para adultos que ofrece las siguientes opciones de tratamiento: Intensivo Tratamiento de Día, Intensivo Tratamiento de Noche, Tratamiento para la Prevención de Recaídas, Prevención para la Recaída de Mujeres y Psicoterapia en Grupo, así como consejería individual o familiar para los pacientes y sus seres queridos. Tenemos residencias limpias y sobrias disponibles para el tratamiento de clientes y también los que no son clientes. Nuestro personal tiene mucha experiencia trabajando con el Departamento de Libertad Condicional y el sistema judicial. El tratamiento es financiado a través de pagos privados, seguros médicos, y fondos a través del Condado (Proposición 36) disponibles. Hay disponibles planes de pagos.</p> <p><b>Comuníquese con: Ray Plamondon, Director</b></p>
<p><b>TYLER HOUSE</b> Freedom, CA 95076</p> <p><b>(831) 688-6293</b></p> <p><a href="http://www.scccc.org">http://www.scccc.org</a></p>	<p>La casa de Tyler es un programa de tratamiento para adolescentes con doble diagnóstico. El programa es voluntario, de seis meses, y diseñado para jóvenes entre las edades de 14 - 17 en el condado de Santa Cruz. Este programa terapéutico ofrece el apoyo y la guía necesaria para el desarrollo fundamental de la sobriedad continua. La casa de Tyler esta fundada por fondos federales, estatales y el condado local. Las familias tienen que pagar parte del costo que es basado en el ingreso y recursos de la familia. El costo es generalmente bajo y varia por familia. Inglés y Español.</p>

**VIERNES POR LA NOCHE EN VIVO**

**[FRIDAY NIGHT LIVE/CLUB LIVE FNL]**

**Agencia de Servicios de Salud**

Programa Para el Abuso de Alcohol y Drogas  
1400 Emeline Ave., Edificio."K",  
3<sup>er</sup> Piso  
Santa Cruz, CA 95060

1430 Freedom Blvd.  
Watsonville, CA 95076

**454-5003 (Norte del Condado)  
763-8298 (Sur del Condado)**

**454-5483 (Coordinador de  
Prevención)**

**Código del Área para todos  
los números (831)**

Noches de Viernes en Vivo/Club Vivo es un programa multicultural para jóvenes dirigido por jóvenes, con la meta de evitar/limitar el consumo de alcohol, y educar a jóvenes sobre las consecuencias del alcohol, tabaco, u otras drogas POR estudiantes de las escuelas medianas y secundarias. El Programa de Noches de Viernes en Vivo/Club Vivo promueve opciones y estilos de vida saludables en nuestra comunidad; desarrolla y fortalece el desarrollo de liderazgo para lograr cambios positivos en la comunidad. A través de juegos y actividades los propios jóvenes pueden evaluar las necesidades de la comunidad y desarrollar un proyecto para afrontar sus preocupaciones.

**Noches de Viernes en Vivo/Coordinadores Club Vivo:**

- **Andrea Garcia, 763-8298**
- **Aimee Mangan, 454-5003**

TDD - Para Personas Con Impedimentos de Oído y clientes deshabilitados, para servicios de ayuda de relevos, llame al 831/454-4748

**Condado de Santa Cruz  
Comision de Alcohol y Drogas**

**DISTRICT0 #1 – JOHN LEOPOLD**

LEE F. SMITH  
SONDRA KAY

**DISTRICT0 #2 – ELLEN PIRIE**

JACKIE HEATH  
PETER NICHOLS

**DISTRICT0 #3 – NEAL COONERTY**

COLLEEN McMAHON-SEPULVEDA  
NANCY NAPOLI

**DISTRICT0 #4 – GREG CAPUT**

KATIE LIMAS, VICE CHAIR  
RUDY CRUZ

**DISTRICT0 #5 – MARK W. STONE**

CAROL PRUITT  
MICHAEL FITZGERALD

# Substance Use Disorders

Public Safety Citizen Task Force

July 10, 2013

# 3 Areas of Focus

- What is 'addiction'
- What Works and Doesn't Work in Treatment
- What do we know about the size of the problem and the impact of addiction on public safety

# What is addiction-ASAM Definition

- Addiction (alcohol or drugs) is characterized by:
- inability to consistently abstain **despite adverse consequences**,
- Impairment in behavioral control,
- craving, preoccupation with getting, using
- diminished recognition of significant problems with one's behaviors and interpersonal relationships, and a dysfunctional emotional response.
- Like other **chronic** diseases, addiction often involves cycles of relapse and remission, especially when treatment plans are not followed. Without treatment or engagement in recovery activities, addiction is progressive and can result in disability or premature death.



Addiction is a primary, **chronic, neurobiological** disease

- Studies show there can be a genetic predisposition to alcoholism
- Continued, progressive use 're-maps' the brain's neurotransmitters, essentially requiring the drug (and progressively more of it) to get the positive, expected response
- Yet, stigma remains a barrier to seeking treatment

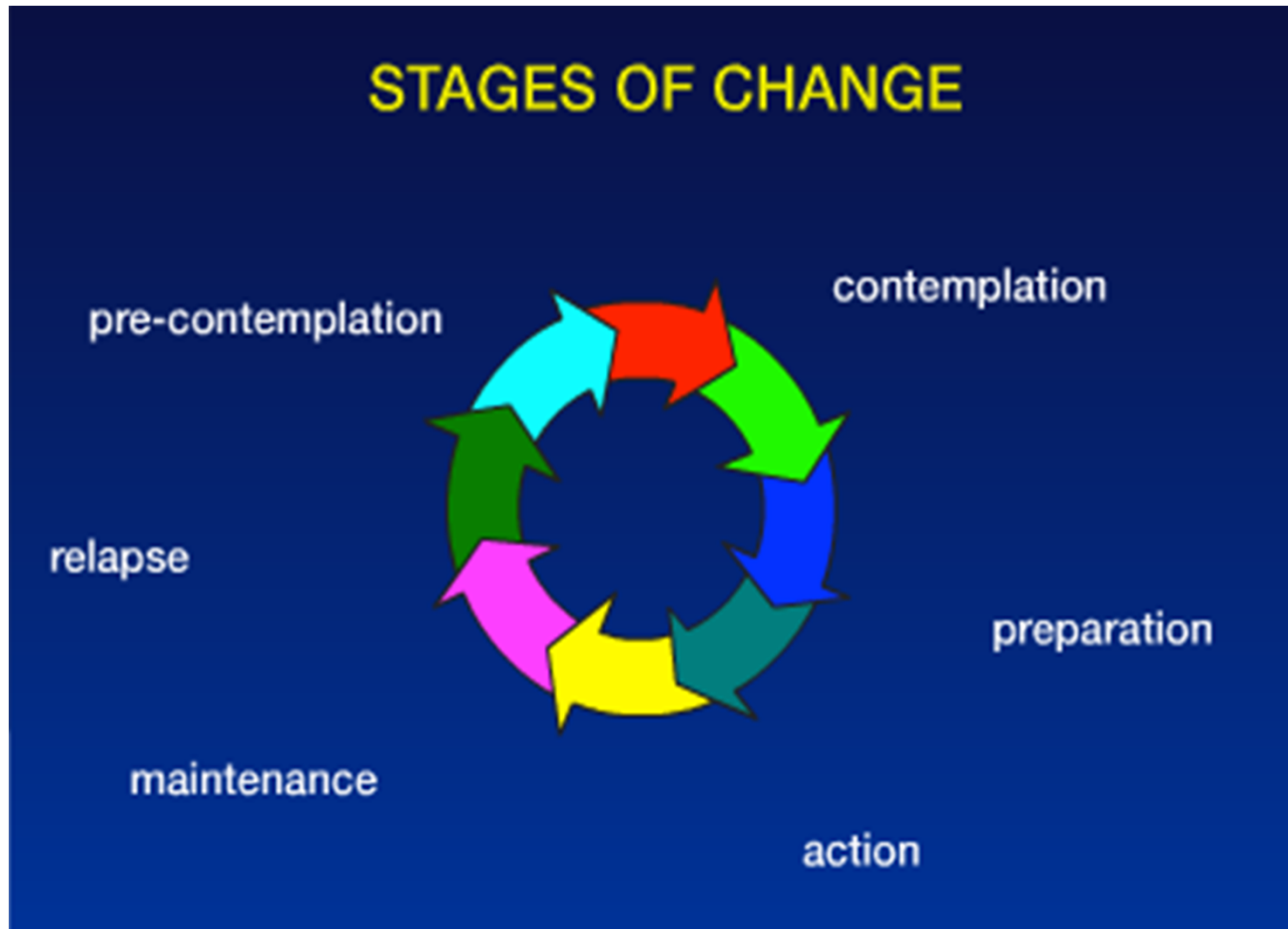


*"That is not one of the seven habits of highly effective people."*

# What Works in Treatment?

- For Adults
  - ‘Right’ level of care at the right time-
    - Stages of change
    - Placement at right ASAM level of care
  - A continuous period of focused treatment
  - Followed by a long-term support plan (discharge plan)
    - Acknowledgement of relapse (remember- it’s a chronic disease)
  - Freedom from stigma, guilt
- For Kids
  - Parental acceptance of ‘disease concept’- not my fault; not her/his fault
  - Non-punitive approach treatment, but address peer issues
  - See ‘Adults’ above

# Stages of Change



# Levels of Care

- Inpatient Detox
- Sub-acute Detox
- Residential
- Day Treatment (Partial Hospital)
- Intensive outpatient
- Relapse Prevention
- Medication Assisted Treatment (methadone)
- Abstinence-based support programs (AA,NA, etc)

# Components of Treatment that Works

- Cost is not relative to quality of care
- Look for programs with:
  1. State license, CARF or Joint Commission certification
  2. Medical and licensed behavioral health oversight
  3. Individual treatment plans
  4. Family program
  5. Abstinence-'aware' if not based- understanding abstinence is a positive whether or not the patient continues to practice it
  6. Discharge planning (that starts early in treatment)
  7. Aftercare

Note: Items 4-7 all have to do with life after treatment

- Beware of 'new' approaches

# Coerced or Voluntary Treatment

- Empirical evidence finds coercion does not impair treatment and effectiveness (Sells and Simpson 1976).
- Persons addicted to drugs need not to be internally motivated at the outset of treatment to benefit from it, **if time in treatment is a minimally a number of months.**
- In fact, such persons who are legally pressured into treatment often have better outcomes than voluntary clients because they **are likely to stay in treatment longer** and complete treatment. (Satel, 1999).
- Coerced addiction treatment typically results in favorable outcomes among criminal populations, with coerced convicts complying as well as those not mandated to treatment (Miller & Flaherty, 2000).
- Aftercare must address criminogenic needs

# Central Eight Criminogenic Needs

Andrews, Bonta & Wormith, (2006) identified what are referred to as the “central eight” criminogenic needs.

- 1) Antisocial attitudes/orientation
- 2) Antisocial peers
- 3) Antisocial personality
- 4) Antisocial behavior patterns
- 5) Absence of pro-social leisure/recreation activities
- 6) Dysfunctional family
- 7) Employment issues
- 8) Substance abuse problems

# Cost-Effectiveness of Drug Treatment

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Cost to society of drug abuse = \$180 billion/year

Treatment is less expensive than incarceration:

Methadone maintenance = \$5,700/yr

Residential /Outpatient tx                      \$7, 700

Imprisonment =                                      \$27,000/yr

Other studies indicate that every \$1 invested in treatment can yield up to \$7 in savings.





# Treatment Works

- 64% decrease in arrests one year after release for those who complete treatment in prison and in the community
- \$1 invested in drug treatment for offenders yields a \$7 savings in future costs
- Coerced treatment has the same outcome as voluntary admission- but does work

- Treatment Improvement Protocol 44, US Department of Health and Human Service

Research consistently demonstrates a strong connection between **crime and addiction**

- 84% of state prison inmates were involved with alcohol or other drugs at the time of their offense
- 45% were under the influence when the crime was committed
- 21% report they committed their crime for money to buy drugs
- 64% of male arrestees tested positive for at least one of five illegal drugs at arrest
- 57% report binge drinking in the 30 days prior to arrest  
another 36% report heavy drinking

# Addiction and Violent Crime

Study after study indicates that, even in samples containing relatively high baseline rates of illicit drug use, violent events are overwhelmingly more likely to be associated with the consumption of alcohol than with any other substance. In fact, a review of the literature concerning rates of co-occurrence of violent crimes with the use of illicit substance fails to provide any support whatsoever for a link\*

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\* Exception is **methamphetamine**

# Locally- CAP Survey

- 14-17% of respondents report drugs and alcohol have a negative impact on their neighborhoods
- Impact of Meth alone- 30.9% say it has a huge impact on the neighborhood
- 12.9% of respondents are binge drinkers (ALL binge drinkers need treatment)
- 41% of 11<sup>th</sup> graders have used alcohol in past 30 days
- 30% of 11<sup>th</sup> graders have used marijuana in past 30 days

AND

# Education is Severely Lacking

- 24% of Caucasian and 11% of Latino parents believe it is ok to provide alcohol to underage persons in their homes!!!!
- 49% of respondents say recreational marijuana use is either very acceptable or somewhat acceptable

# Summary Stuff

- Treatment works, but the client needs to be matched to a program that fits hers/his motivation and needs, and 'live' a plan
- MAT (methadone) is underutilized as a treatment choice for long-term opioid addicts
- # of off-premise alcohol outlets does relate to violence, but placement of those outlets relative to population density and other indicators of violence important

# Statement

- What I am saying is that adolescent-onset alcohol and drug use is bringing us to our knees. No culture allows such widespread exposure of its youth to mood-altering substances with impunity. The consequences are significant and predictable. Emotional development is delayed or arrested. Grown men and women act like children throwing tantrums. It's one thing for a small child to throw a tantrum — quite another when the person is big and carries weapons.
- I wish there was an easy solution. But problems with alcohol and drugs do not lend themselves to easy solutions.